



## Unit 1 Happy Holiday



## Section A How do people spend their holidays?

## 第一课时 Section A (1a~1d)

## 基·础·巩·固

## 一、根据所给汉语意思完成句子。

1. 你哪里度假了?

Where did you \_\_\_\_\_?

2. 我去了一个有很多古建筑的城市——西安。

I went to a city with many \_\_\_\_\_  
— Xi'an.

3. 我和朋友们一起去那儿参加了一个夏令营。

I \_\_\_\_\_ there with my  
friends.

4. 秦岭山里的风景非常美丽。

The \_\_\_\_\_ in the Qinling  
Mountains was very beautiful.

5. 我们在那里看到了一些奇怪的东西, 比如不寻常的植物和动物。

We saw \_\_\_\_\_ there, like  
unusual plants and animals.

## 二、用括号内所给单词的适当形式填空。

1. The woman smiled \_\_\_\_\_ (strange) when
- 
- I asked about her job.

2. Before leaving, the \_\_\_\_\_ (camp) cleaned
- 
- the place carefully.

3. There are many modern \_\_\_\_\_ (build) in
- 
- Gaoxin District of Xi'an.

4. It felt \_\_\_\_\_ (amaze) to swim in the
- 
- clear blue sea.

5. Did you buy anything \_\_\_\_\_ (interest) in
- 
- Yan'an?

## 三、教材回顾 按照语法性和语意连贯的要求填空(一空一词)。

Yaming and Emma are talking about their holidays. Yaming went to Mount Huangshan with his family. (1) \_\_\_\_\_ landscape was so beautiful that no one wanted to leave. Yaming saw the Guest-Greeting Pine, the Sea of Clouds, lots of strange rocks, and many ancient buildings. He also took some amazing

(2) \_\_\_\_\_ with his phone. Emma (3) \_\_\_\_\_ back to the US with her mum and sister. She stayed with her grandparents (4) \_\_\_\_\_ ten days. She went to a strawberry festival and ate some strawberry cookies and chocolates. (5) \_\_\_\_\_ their holidays were different, they both had a wonderful time.

## 四、根据情境, 用适当的语句补全对话。

A: You're back, Li Hua. (1) \_\_\_\_\_?

B: My vacation was great. I went to Beijing with my parents.

A: It's very far from here. (2) \_\_\_\_\_?

B: We went there by plane.

A: (3) \_\_\_\_\_?

B: We visited Tian'anmen, the Palace Museum and some Beijing hutongs.

A: Sounds wonderful! Did you eat anything special there?

B: (4) \_\_\_\_\_.  
I ate Beijing duck. It tasted delicious. I like it very much.

A: How was the weather there?

B: (5) \_\_\_\_\_. So we took many photos and enjoyed ourselves there.

A: Well, I hope to go there one day.

## 能·力·提·升

## 五、语意完形。

I joined a bird-watching activity at the nature park last weekend. It was a 1 experience for me.

We arrived at the park early. At 9:00 am, we took a boat ride. Our guide, a young man, told us many things about 2. He also taught us how to 3 binoculars (双筒望远镜). It was amazing to see birds through the binoculars. 4, a boy shouted excitedly, "Look! A duck with a green head!" The duck then swam very close to us, 5 we all saw it clearly (清楚地).

After the boat tour, we went to the forest area. We 6 the binoculars and watched birds. Every time we found a new kind of bird, we happily 7 it with each other. Some birds were singing beautifully. This made the forest full of 8.

At 10:30 am, we had a(n) 9. At that time, our guide explained how important insects were to birds. "Insects eat plants, and some birds eat insects. Each living thing plays a 10 part, and we should protect (保护) all of them," he said. We listened carefully and felt 11 to be part of nature.

At 11:00 am, we 12 good wishes for the birds on the cards and put them on the wall. Then, we took some photos to 13 the beautiful moment.

As the activity came to an end, the guide 14 us for our teamwork. He said we did a good job. This was a fantastic trip, full of fun and love for nature. I learned 15 important. Nature, full of beauty, is a great teacher.

- ( ) 1. A. difficult      B. wonderful  
C. strange      D. similar
- ( ) 2. A. birds      B. boats  
C. plants      D. weather
- ( ) 3. A. clean      B. watch  
C. buy      D. use
- ( ) 4. A. Slowly      B. Quietly  
C. Suddenly      D. Finally
- ( ) 5. A. or      B. if      C. but      D. so
- ( ) 6. A. held      B. noticed  
C. made      D. collected
- ( ) 7. A. followed      B. shared  
C. drew      D. fed
- ( ) 8. A. love      B. light  
C. surprise      D. life
- ( ) 9. A. trip      B. exam  
C. break      D. choice
- ( ) 10. A. common      B. real  
C. special      D. small
- ( ) 11. A. lucky      B. excited  
C. sad      D. afraid
- ( ) 12. A. chose      B. wrote  
C. saw      D. sent
- ( ) 13. A. waste      B. create  
C. remember      D. change

- ( ) 14. A. praised      B. asked  
C. showed      D. welcomed
- ( ) 15. A. nothing      B. something  
C. everything      D. anything

## 六、阅读理解。

05/05/2026  
Tue.

Some days ago, I decided to take a trip by myself! How was my trip?

On the morning of May 1, 2026  
GO!

**DAY 1**

Xi'an has lots of places of interest. The **Terracotta Army** is the most famous one. And it is known as the eighth wonder of the world.

**Huaqing Pool** is famous for its hot springs (温泉). I went there by subway after I got off the plane on the 1st. I learned about the story of Emperor Xuanzong and Yang Yuhuan.

**DAY 2**

One must visit a city's history museum if he / she wants to know the city well. In **Shaanxi History Museum** I knew more of Xi'an's past.

The **music fountain (喷泉)** show at the north square was really wonderful and enjoyable.

**DAY 3**

**Dayan Pagoda** is a very old place in China. It has a history of more than 1,300 years. Surprising!

At last, we went climbing in **Mount Hua**. Climbing Mount Hua was the coolest thing I did during this trip!

**The next morning**  
Go home!

There's one more thing I need to say — Xi'an is really a city friendly to eaters! There I tasted *biangbiang* noodles, *yangrou paomo*, *roujiamo* and so on. For me, *yangrou paomo* is the most delicious.

- ( ) 1. How did the writer get to Xi'an?  
A. By subway.      B. By plane.  
C. By train.      D. By car.
- ( ) 2. How many places did the writer visit in all?  
A. Three.      B. Five.  
C. Six.      D. Seven.
- ( ) 3. When did the writer go home?  
A. On May 2nd.      B. On May 3rd.  
C. On May 4th.      D. On May 5th.
- ( ) 4. What did the writer tell us about Xi'an at last?  
A. The delicious food.  
B. The friendly people.  
C. The interesting places.  
D. The long history.

## 第二课时 Section A (Pronunciation &amp; 2a~2f)

## 语·音·专·练

一、读音归类,把音标编号填入对应括号内。

|         |        |        |        |        |
|---------|--------|--------|--------|--------|
| A. /i:/ | B. /ɪ/ | C. /i/ | D. /e/ | E. /æ/ |
|---------|--------|--------|--------|--------|

- ( ) 1. give      river      kill      gift  
 ( ) 2. leg      sell      west      never  
 ( ) 3. speak      teach      meal      seat  
 ( ) 4. have      sad      carry      flag  
 ( ) 5. body      duty      easy      heavy

二、选出画线部分发音不同的一项。

- ( ) 1. A. even      B. step      C. rest  
 ( ) 2. A. rich      B. price      C. listen  
 ( ) 3. A. leave      B. season      C. break  
 ( ) 4. A. dry      B. angry      C. study  
 ( ) 5. A. family      B. hate      C. habit

## 基·础·巩·固

三、根据所给汉语意思完成句子。

1. 在我去汉中之前,我觉得那儿没什么特别的  
东西。

Before I went to Hanzhong, I thought there  
was \_\_\_\_\_ there.

2. 但是,我在汉中度过了一个极好的假期。

However, I had \_\_\_\_\_  
\_\_\_\_\_ in Hanzhong.

3. 那里的风景让我叹绝。

The landscape there \_\_\_\_\_.

4. 兴汉胜境在每个季节都看起来很美,尤其是在春天。

Xinghan Scenic Area looks beautiful in every  
season, \_\_\_\_\_ in spring.

5. 我从未在其他任何地方见过如此美丽的  
风景。

I never saw such a beautiful landscape \_\_\_\_\_  
\_\_\_\_\_.

四、用括号内所给单词的适当形式填空。

1. Fish can't \_\_\_\_\_ (breath) outside water.  
 2. The weather is cold today, \_\_\_\_\_ (especial)  
in the morning.  
 3. Lucy was a(n) \_\_\_\_\_ (strange) in the  
old town, so she got lost easily.  
 4. In spring, many people love to go \_\_\_\_\_  
(camp) in parks.  
 5. I like to listen to something \_\_\_\_\_ (relax)  
after a long day at work.

五、**教材回顾**按照语法性和语意连贯的要求  
填空(一空一词)。

Peter had a fantastic holiday. He went to  
Yunnan (1) \_\_\_\_\_ his family. They stayed  
in the old town of Lijiang for a few days and  
enjoyed it. They visited Yulong Mountain. It was  
so beautiful that it just (2) \_\_\_\_\_ Peter's  
breath away. They took a lot of great photos  
there. They also tried some Yunnan dishes.  
Everything (3) \_\_\_\_\_ good, especially  
the steamed chicken soup. Adam didn't do  
(4) \_\_\_\_\_ special. He just stayed at home  
to read, play games, and relax, (5) \_\_\_\_\_  
it was still fun.

## 能·力·提·升

六、根据情境,用适当的语句补全对话。

A: Hi, Chen Jun! I didn't see you last month.

B: Hi, Li Ming! I was on vacation in Australia.  
I just came back last week.

A: How was your vacation?

B: (1) \_\_\_\_\_  
We had a good time there.

A: Great! (2) \_\_\_\_\_?

**B:** My parents. They both had some free time last month, so we went there together.

**A:** It must be exciting to have a family trip. (3) \_\_\_\_\_?

**B:** Yes, we did many interesting things there. For example, we flew a kite on Bondi Beach and visited the Sydney Opera House.

**A:** Sounds great. (4) \_\_\_\_\_?

**B:** Yes, a lot of photos. Would you like to come to my house this afternoon? I will show the photos to you.

**A:** (5) \_\_\_\_\_.  
I can't wait to see them.

### 七、阅读理解。

Hainan is a beautiful place. The map of Hainan looks like a big pear. Every year, many people come to visit it. There are lots of things to see and do here.

#### The capital (省会) city

In Haikou, the capital city of Hainan, you can find many special houses. They are about 100 years old. The ground floor of each house is set back into the building, so it can stay out of both rain and sunlight.



#### Food and tea

Would you like to eat Hainan chicken rice? It is a dish with chicken and rice. Also, people there enjoy having tea in the morning, afternoon, and evening. It is a relaxing and happy time for everyone, usually with snacks like bread and sweet cakes to go with the tea. People call this special tea culture Laoba Tea.

#### Special fruit

People in Hainan like coconuts. They use coconuts to make juice, ice cream and cakes. They also use coconuts to make some works of art.



coconuts

#### Cute animals

Hainan is home to over 500 kinds of animals. In the picture, you can see a Hainan gibbon. It wears a small black "hat". How lovely it is!



gibbon

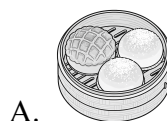
( ) 1. What can we know about Hainan from the passage?

- ①buildings                      ②food  
③weather                      ④animals  
A. ①②③                      B. ①②④  
C. ①③④                      D. ②③④

( ) 2. Why is the ground floor of the house in Haikou set back into the building?

- A. To keep it dry and cool.  
B. To make the house look beautiful.  
C. To give people more room to live in.  
D. To let people walk under the building.

( ) 3. What do people usually have when they enjoy Laoba Tea in Hainan?



A.



B.



C.



D.

( ) 4. Where can we read the passage?

- A. In a diary.  
B. In a story book.  
C. In a travel guide.  
D. In a history textbook.

## 第三课时 Grammar Focus (3a~3c)

## 语·法·专·练

## 一、按要求完成句子, 每空一词(含缩略词)。

1. I have something important to tell you. (改为一般疑问句)

Do you have \_\_\_\_\_ to tell us?

2. There isn't anything special in the gift shop. (改为同义句)

There is \_\_\_\_\_ in the gift shop.

3. Someone called you just now. (改为一般疑问句)

\_\_\_\_\_ me just now?

4. She saw someone in the reading room. (改为否定句)

She \_\_\_\_\_ in the reading room.

5. I went somewhere warm on vacation. (改为一般疑问句)

\_\_\_\_\_ you \_\_\_\_\_ warm on vacation?

## 二、选择恰当的单词或词组填空。

|           |           |            |
|-----------|-----------|------------|
| something | anything  | everything |
| nothing   | someone   | anyone     |
| no one    | somewhere | anywhere   |

Dear Lucy,

How's (1) \_\_\_\_\_ going? I had a great holiday and can't wait to tell you all about it.

I went (2) \_\_\_\_\_ cool during the holiday with my family — a small mountain village. It was so quiet and beautiful there. (3) \_\_\_\_\_ was fishing by the river, and others were talking under the trees. I tried (4) \_\_\_\_\_ new, too — feeding some hens and ducks. It was really fun!

I didn't meet (5) \_\_\_\_\_ I knew, but (6) \_\_\_\_\_ there was friendly. We shared stories and laughed a lot. The only problem was that there was (7) \_\_\_\_\_ much to do in the evening. Still (8) \_\_\_\_\_ seemed to be bored.

Did you go (9) \_\_\_\_\_ interesting or do (10) \_\_\_\_\_ special during your holiday? I'm looking forward to hearing from you.

Mike

## 基·础·巩·固

## 三、单词拼写。

- Birds are flying high in the blue s \_\_\_\_\_.
- A young tour g \_\_\_\_\_ showed us around the Xi'an Bell Tower.
- We stayed in a nice h \_\_\_\_\_ (旅馆) during our family trip.
- The little girl drew a(n) \_\_\_\_\_ (彩虹) with seven bright colours.
- These beautiful dresses are made of \_\_\_\_\_ (丝绸).

## 四、用括号内所给单词的适当形式填空。

- The boy felt a little \_\_\_\_\_ (bore), with nothing to do at home.
- The small store sells \_\_\_\_\_ (scarf) of different colours.
- The seats in the cinema are big and soft, so you can sit \_\_\_\_\_ (comfortable).
- The Bell Tower \_\_\_\_\_ (stand) in the centre of Xi'an city hundreds of years ago.
- The Greens were ready \_\_\_\_\_ (leave) for their vacation.

## 五、选用方框中的单词完成句子。

|           |   |           |         |      |
|-----------|---|-----------|---------|------|
| fantastic | I | landscape | scenery | town |
|-----------|---|-----------|---------|------|

- Taibai Mountain is famous for its beautiful \_\_\_\_\_.
- "East or west, Guilin's \_\_\_\_\_ is the best." Guilin is a great place to visit.

3. She moved from the city to a small \_\_\_\_\_  
for a quiet life.
4. I bought \_\_\_\_\_ a new scarf as a birthday  
gift.
5. We had a(n) \_\_\_\_\_ time at the beach  
during our summer vacation.

#### 六、根据所给汉语意思完成句子。

1. 约翰今天早餐只吃了一些面包。  
John had \_\_\_\_\_ some bread for  
breakfast today.
2. 他准备好参加跑步比赛了。  
He \_\_\_\_\_ take part in the running  
race.
3. 他突然摔倒了，无法起来。幸运的是，有  
人帮助了他。  
He fell down and couldn't \_\_\_\_\_.  
Luckily, someone helped him.
4. 休息片刻后，他慢慢地走向教室。  
After some rest, he \_\_\_\_\_ the  
classroom slowly.
5. 他需要在某个舒适的地方休息一下。  
He needed to have a rest \_\_\_\_\_  
\_\_\_\_\_.

#### 能力·提升

#### 七、按照语法性和语意连贯的要求填空（一空一词）。

Summer is always my favourite time of the year. I wanted to go (1) \_\_\_\_\_ a holiday with my friends last summer. But everyone was busy. "I still need to do something fun," I thought. So, I decided to have a little holiday by (2) \_\_\_\_\_. I went to a big park in my city.

At first, the wind was strong. I sat on a chair, (3) \_\_\_\_\_ it was not comfortable. So, I decided to walk to the lake. When I (4) \_\_\_\_\_ at the lake, the wind became soft. I looked up and saw something amazing! The sunset (落日) was painting the sky with colours — red, orange, and pink. It just took my (5) \_\_\_\_\_ away.

A great holiday is not about the place, but about the beautiful moments you find.

#### 八、补全短文（有一项为多余选项）。

School trips give you a great chance (机会) to learn outside the classroom in interesting ways. 1 Here is some advice about trips.

2 This will be a very interesting experience for students, especially for those who grew up in cities. In cities, there are tall buildings everywhere and students have little chance of getting close to nature in their daily lives.

Visiting ancient buildings is another excellent way to bring history lessons to life. Learning history through these ancient buildings is special. 3 In a word, this trip will be very interesting and useful.

You will also enjoy a trip to a science museum. As students, they may find that their lives are full of science and technology (技术) information. 4

What other things can you do on a school trip? 5 Some school trips are about sports activities. If you are a member of a school sports team, you might get the chance to go on a special trip to play against other school teams.

- A. Of course, school trips aren't always about study.
- B. Many students find it boring to learn history.
- C. You can enjoy a trip to a farm to see some plants and animals.
- D. Seeing something in real life can help you learn quickly and easily.
- E. It is also more effective (有效的) than only learning it through books.
- F. So, this trip will help you know more about the latest science information.

|    |    |    |    |    |
|----|----|----|----|----|
| 1. | 2. | 3. | 4. | 5. |
|----|----|----|----|----|

## Section B What can we learn from holiday experiences?

## 第四课时 Section B (1a~1d)

**课文导读** 阅读教材 1b 的课文，完成图表中所缺信息。

| Vincent's Holiday in Moscow |                                                    |                                                                |                             |                                                                      |
|-----------------------------|----------------------------------------------------|----------------------------------------------------------------|-----------------------------|----------------------------------------------------------------------|
| Time                        | 17 July                                            |                                                                | 18 July                     |                                                                      |
| Weather                     | It was fine during the day but (1) _____ at night. |                                                                | The air was fresh and cool. |                                                                      |
| (2) _____                   | In the morning                                     | They visited the Victory Museum and learnt about World War II. | In the morning              | They travelled around by (4) _____ and then went to Red Square.      |
|                             | At noon                                            | He had a lot of ice cream for lunch.                           | In the afternoon            | They played games, sang and danced with a group of Russian students. |
|                             | During dinner                                      | He didn't feel like eating because he didn't (3) _____.        |                             |                                                                      |
| Feelings                    | Excited.                                           |                                                                | (5) _____.                  |                                                                      |

## 基·础·巩·固

## 一、单词拼写。

- Our basketball team is great, and I'm sure of the v\_\_\_\_\_ of the coming game.
- D\_\_\_\_\_ the class, everyone should stay quiet.
- Let's meet at n\_\_\_\_\_ tomorrow for lunch.
- The train arrived at the s\_\_\_\_\_ on time.
- As you can see, the table is \_\_\_\_\_ (正方形的), not round.
- The man sat \_\_\_\_\_ (紧靠) a big tree and fell asleep.
- The \_\_\_\_\_ (宫殿) has beautiful gardens around it.

## 二、用括号内所给单词的适当形式填空。

- They \_\_\_\_\_ (fight) with each other the other day and didn't talk for days.
- We all hope to live in a(n) \_\_\_\_\_ (peace) world with no wars.
- I finished the work \_\_\_\_\_ (easy) with the help of my friends.
- She \_\_\_\_\_ (forget) to turn off the lights when she left the room.
- Tom's mother took good care of him during his \_\_\_\_\_ (sick).

- \_\_\_\_\_ (Russian) is the largest country in the world.
- There are thousands of \_\_\_\_\_ (artwork) in Shaanxi History Museum.
- Please remind me \_\_\_\_\_ (buy) some milk on the way home.

## 三、根据所给汉语意思完成句子。

- 我们一到西安，就聚在一起制定了旅行计划。  
As soon as we arrived in Xi'an, we \_\_\_\_\_ and made a plan for the trip.
- 第二天，我们跟着一位导游参观了兵马俑。  
The next day, we visited the Terracotta Army with \_\_\_\_\_.
- 当我们穿过展厅时，我们看到了数千个兵马俑。  
As we walked through the halls, we saw \_\_\_\_\_ terracotta warriors.
- 当我站在它们中间时，我仿佛置身于古代的战场。  
When I stood among them, I \_\_\_\_\_ I was in the ancient battlefield.
- 我真希望自己能 and 它们一起与敌人作战！  
How I wished I could \_\_\_\_\_ the enemies with them!

## 能力·提升

## 四、阅读理解。

17 July

Today my family arrived in Shanghai at 7:00 p.m.! We took the maglev train (磁悬浮列车) to our hotel on Longyang Road. The train went so fast — 30 km in just 8 minutes! I couldn't believe my eyes. After checking in (办理入住), we had dinner and went to bed early.



18 July

We visited Yuyuan Garden today. Mum said it's over 400 years old! I loved the old buildings, lakes and bridges (桥). Then we walked through Yuyuan Market street. We bought some gifts and ate delicious snacks. What a perfect day!



19 July

We went to Shanghai Ocean Aquarium in the morning. It was huge! We saw sharks, jellyfish (水母) and colourful fish. After lunch, we went up Shanghai Tower. It was so tall that I felt a little scared looking down!



20 July

Disneyland day! We rode roller coasters (过山车), watched amazing shows, and took hundreds of photos. This is the 6th Disneyland in the world (opened in 2016). We're tired but so happy!



- ( ) 1. What surprised me on 17 July?  
A. The hotel. B. The dinner.  
C. The road. D. The maglev train.
- ( ) 2. How did I feel at Yuyuan Garden?  
A. Bored. B. Excited.  
C. Tired. D. Relaxed.
- ( ) 3. What did we do at Disneyland?  
A. Took rides and took photos.  
B. Bought many gifts.  
C. Ate special food.  
D. Saw different fishes.
- ( ) 4. Why did "I" write this diary?  
A. To teach about Shanghai's history.

B. To ask people to travel in Shanghai.

C. To share my travelling experience.

D. To guide people's travel in Shanghai.

## 五、根据短文内容，完成下列各题。

Many people enjoy climbing mountains with family and friends on holiday. But for Kokichi Akuzawa, climbing Mount Fuji was something really special.

At the age of 102, Kokichi Akuzawa has become the oldest person to get to the top of Mount Fuji — Japan's tallest mountain, at 3,775.56 metres. But he almost (几乎) didn't make it. "I almost gave up (放弃) in the middle," Akuzawa said. "It was hard, but with my friends encouraging me, everything worked out."

Akuzawa climbed with his 70-year-old daughter Motoe, his granddaughter, and four friends from a mountain climbing club. They camped for two nights on the trail (小径) before going up to the top on August 5th.

This wasn't Akuzawa's first record-breaking Fuji climb, however. When he was 96, he also climbed it. At that time, he became the oldest person to climb Mount Fuji. And he said, "While getting to the top is interesting, I keep climbing for the people. It's easy to make friends on the mountain."

Akuzawa spent three months training for the Fuji climb, waking up at 5 am daily for hour-long walks and climbing a mountain weekly. "Mount Fuji isn't a difficult mountain, but this time was harder than six years ago," he said. "I only made it because of everyone's help."

1. How old was Kokichi Akuzawa when he set the new record for climbing Mount Fuji?  
He was \_\_\_\_\_.
2. What does the underlined word "it" in Paragraph 2 refer to?  
It refers to "\_\_\_\_\_".
3. Why does Akuzawa keep climbing mountains?  
To \_\_\_\_\_.
4. How did Akuzawa prepare for the Fuji climb?  
He trained for three months by \_\_\_\_\_ and \_\_\_\_\_.
5. What does Akuzawa's story mainly tell us?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## 第五课时 Section B (2a~2c)

## 基·础·巩·固

## 一、选用方框中的单词完成句子。

|        |         |       |          |       |
|--------|---------|-------|----------|-------|
| budget | faraway | might | passport | tower |
|--------|---------|-------|----------|-------|

- I \_\_\_\_\_ go back to my hometown for the Spring Festival, but I'm not sure.
- There stands an ancient \_\_\_\_\_ on the top of the hill.
- We need to make a(n) \_\_\_\_\_ before we start our trip.
- You must carry your \_\_\_\_\_ when you travel to another country.
- The \_\_\_\_\_ mountains looked like a painting.

## 二、根据所给汉语意思完成句子。

- 在阳光下，我们在海滩上打排球，玩得很开心。

\_\_\_\_\_, we played volleyball at the beach and had a lot of fun.

- 激动人心的比赛结束后，海滩终于恢复了宁静。

After the exciting game, the beach was finally \_\_\_\_\_.

- 我弟弟想买些零食，但我们超出了预算。My brother wanted to buy some snacks, but we \_\_\_\_\_.

- 所以我们只吃了我们带来的食物。

So we ate \_\_\_\_\_ the food we brought.

- 旅行结束后，我们回到了正常的生活，但我们永远会记得那一天。

We went back to our \_\_\_\_\_ after the trip, but we would always remember that day.

## 三、用括号内所给单词的适当形式填空。

- I didn't know that girl. She was a(n) \_\_\_\_\_ (strange) to me.
- We \_\_\_\_\_ (regular) clean the house to keep it tidy.
- We spent a(n) \_\_\_\_\_ (peace) afternoon reading by the lake.

- The film was really \_\_\_\_\_, and many people felt \_\_\_\_\_ and left early. (bore)

- I was so \_\_\_\_\_ that I \_\_\_\_\_ to bring my homework to school. (forget)

## 四、选出下列画线单词的词性和词义。

## 1. strange

|                    |                    |
|--------------------|--------------------|
| A. <i>adj.</i> 奇怪的 | B. <i>adj.</i> 陌生的 |
|--------------------|--------------------|

- ( ) ①He got lost in a strange city on his first day there.

- ( ) ②Something strange happened in the old house last night.

## 2. square

|                     |                    |
|---------------------|--------------------|
| A. <i>n.</i> 广场     | B. <i>adj.</i> 平方的 |
| C. <i>adj.</i> 正方形的 |                    |

- ( ) ①He has curly hair and a square face.

- ( ) ②The house is about 100 square metres.

- ( ) ③Look! Some people are dancing on the square.

## 3. against

|                    |                       |
|--------------------|-----------------------|
| A. <i>prep.</i> 反对 | B. <i>prep.</i> 与……相反 |
| C. <i>prep.</i> 紧靠 |                       |

- ( ) ①You'd better put the table against the wall.

- ( ) ②Bob left school against his parents' wishes.

- ( ) ③My parents are against my decision to join the school band.

## 4. remind

|                 |                  |
|-----------------|------------------|
| A. <i>v.</i> 提醒 | B. <i>v.</i> 使想起 |
|-----------------|------------------|

- ( ) ①The old song reminds me of my middle school days.

- ( ) ②Please remind me to call my grandma this weekend.

## 5. sick

|                    |                    |
|--------------------|--------------------|
| A. <i>adj.</i> 生病的 | B. <i>adj.</i> 恶心的 |
| C. <i>adj.</i> 厌倦的 |                    |

- ( ) ①My mother felt very sick after a long car ride.

- ( ) ②Tom was sick yesterday and didn't go to school.

- ( ) ③I'm sick of eating the same breakfast every morning.

## 能力·提升

## 五、语意完形。

When people go on a trip around the world, most of them may go by plane. But Alexander Campbell from Sydney, Australia is 1. The 27-year-old young man is going on foot. He will 2 40,000 km across 30 countries.

Why does Campbell do this? For one thing, he wants to 3 others. On the trip, he will raise 4 for the Fred Hollows Foundation. It works to help people with vision (视力) problems across the world. For another, Campbell 5 loves walking. "The world has many beautiful 6 to see, like mountains, beaches, and forests. I want to walk and see them all," Mr Campbell says. This time, he wants to do something more 7.

Campbell 8 his long trip from the Sydney Opera House in February. 9 that, he did a lot of things for his trip. He 10 different walking trails (路线) and decided when to go to some places. For example, by the time he is in far north Queensland, it will be winter. This is a good 11 to visit the place. However, sometimes he will change the plan when he meets bad 12, especially in mountains. For example, he will stop hiking if there is heavy rain.

Campbell will walk for four years, but he says he is 13 for the difficulties. "I love my trip. For me, every step is 14," he said. "Walking is not just a trip. It is my way to see the world and share 15 for the world with others."

- ( ) 1. A. busy                      B. silly  
                                        C. different                      D. wrong
- ( ) 2. A. walk   B. ride   C. fly   D. drive
- ( ) 3. A. thank   B. help   C. teach   D. fight
- ( ) 4. A. power                      B. peace  
                                        C. posts                          D. money
- ( ) 5. A. only                        B. really  
                                        C. still                              D. easily
- ( ) 6. A. landscapes                B. animals  
                                        C. plants                          D. towns
- ( ) 7. A. exciting                    B. important  
                                        C. dangerous                    D. regular
- ( ) 8. A. joined                      B. started  
                                        C. enjoyed                        D. planned
- ( ) 9. A. After                        B. During  
                                        C. Before                          D. Through
- ( ) 10. A. put up                      B. searched for

- C. worried about   D. waited for
- ( ) 11. A. idea   B. way   C. time   D. reason
- ( ) 12. A. air                        B. people  
                                        C. food                            D. weather
- ( ) 13. A. ready                      B. sorry  
                                        C. lucky                            D. famous
- ( ) 14. A. tiring                      B. meaningful  
                                        C. boring                          D. strange
- ( ) 15. A. photos                    B. gifts  
                                        C. love                              D. news

## 六、短文填空(每词限用一次,每空限填一词)。

|      |        |          |         |          |
|------|--------|----------|---------|----------|
| bore | breath | stranger | prepare | I        |
| easy | forget | peace    | be      | thousand |

Last month, I went on a trip to a mountain with my classmates. It was an experience I'll always remember.

When we arrived at the foot of the mountain, we were greeted by 1 of green trees. The air was nice and clean, and I could 2 deeply (深地). It was a big change from the bad air in the city.

When we 3 ready to start climbing, we met a stranger. He told us some good paths (路) to take. The 4 words were very helpful to us. Without his advice, we might have got lost 5.

We started our climb. At first, we walked slowly and sang happily along the way. But as we went up, it got more and more difficult. I was a little 6 with the tiring climb, especially when I saw how far we still had to go.

Halfway up the mountain, one of my classmates suddenly got sick. He 7 to wear warm enough clothes. We shared our food and water to make him feel better. Then we reminded him to 8 everything well before the next trip.

After a short break, we continued (继续) our trip. Finally, we got to the top of the mountain. It was so 9 up there. We enjoyed the beautiful landscape around.

This trip taught 10 a lot. I learned that even when we meet difficulties, we should keep going. It was not just a trip; it was a lesson about life.

1. \_\_\_\_\_ 2. \_\_\_\_\_
3. \_\_\_\_\_ 4. \_\_\_\_\_
5. \_\_\_\_\_ 6. \_\_\_\_\_
7. \_\_\_\_\_ 8. \_\_\_\_\_
9. \_\_\_\_\_ 10. \_\_\_\_\_

第六课时

Section B (3a~3c)

基·础·巩·固

一、选用方框中的单词完成句子。

beside countryside deer  
probable surprise

- We often go to the \_\_\_\_\_ to enjoy the fresh air on weekends.
- My best friend, Mary, sat \_\_\_\_\_ me during the film.
- I was \_\_\_\_\_ at the size of the cake; it was so huge!
- We were lucky to see a group of \_\_\_\_\_ while hiking in the mountains.
- She is \_\_\_\_\_ at home, but I'll call to make sure.

二、连词成句（每题限写一个句子，提示词以外的词语不超过三个，缩写算一个词）。



- last weekend, my family, take, train, countryside  
\_\_\_\_\_  
\_\_\_\_\_.
- we, surprised, see, rainbow  
\_\_\_\_\_  
\_\_\_\_\_.
- we, get, village, beautiful scenery  
\_\_\_\_\_  
\_\_\_\_\_.
- we, look for, hotel, and, find, fantastic  
\_\_\_\_\_  
\_\_\_\_\_.
- what, wonderful, trip, have  
\_\_\_\_\_  
\_\_\_\_\_!

写·作·指·导

【写作目标】

能用一般过去时态叙述自己的假期经历。

【基础写作】

假如你是亚明，在开学第一节英语课上，老师请同学们分享自己的假期经历。请你准备一个简短的分享，谈谈自己和父母去峨眉山的经历，包括什么时间，你在那里做了什么，你感受如何以及你从这次旅行中得到的启示。

Step 1: 请用下划线标出题干中的写作要点。

Step 2: 分析结构，划分段落。

Para. 1 Introduction to the trip (when & where)

Para. 2 Activities during the trip (what)

Para. 3 Feelings and thoughts (how)

Step 3: 请根据括号内的要点提示，补全短文。

My Holiday in Mount Emei

\_\_\_\_\_  
(在暑假期间), my parents and I took a \_\_\_\_\_  
\_\_\_\_\_ (两日峨眉山游). 【Introduction】

We arrived at the foot of the mountain early on the first morning. As we climbed the mountain, \_\_\_\_\_

\_\_\_\_\_ (我们看到了各种各样的树，呼吸了很多新鲜的空气). 【Activity 1】

The scenery was so beautiful that \_\_\_\_\_  
\_\_\_\_\_ (我无法停止拍照). 【Activity 2】

We also \_\_\_\_\_  
\_\_\_\_\_ (去了沿途的寺庙). 【Activity 3】

As we got higher, we met many monkeys. \_\_\_\_\_

\_\_\_\_\_ (我很害怕，但是我爸妈给它们喂食了). 【Activity 4】

Finally, at around 6:00 pm, we reached the hotel near the



## 第七课时 Project &amp; Reflecting

## 基·础·巩·固

## 一、单词拼写。

1. People in \_\_\_\_\_ (古代的) times used stars to find their way.
2. Bob is good at sports, e\_\_\_\_\_ basketball and soccer.
3. I try not to go over \_\_\_\_\_ (预算) when I go shopping.
4. The sound of the bell \_\_\_\_\_ (提醒) the students to go into the classroom.
5. I found n\_\_\_\_\_ interesting in the book, so I didn't feel like reading it.

## 二、用括号内所给单词的适当形式填空。

1. \_\_\_\_\_ (strange) enough, the bird didn't fly away when I got close to it.
2. Just relax and \_\_\_\_\_ (breath) deeply. You will feel better soon.
3. Much to everyone's surprise, he broke the record \_\_\_\_\_ (easy).
4. The bed is so \_\_\_\_\_ (comfort) that I don't want to get up.
5. We \_\_\_\_\_ (forget) to bring the map on our trip last week.

## 三、选择适当的短语，并用其适当形式填空。

|               |          |
|---------------|----------|
| fight against | look for |
| turn around   | stand up |
| thousands of  |          |

1. There are \_\_\_\_\_ stars in the night sky.
2. I \_\_\_\_\_ my keys everywhere but couldn't find them.
3. It is everyone's duty to \_\_\_\_\_ food waste.

4. She \_\_\_\_\_ and saw her old friend standing behind her.
5. The little boy \_\_\_\_\_ from his chair and walked over to his teacher.

## 四、根据所给汉语意思完成句子。

1. 天空如此湛蓝，令我们叹绝。  
The sky was so blue that it \_\_\_\_\_.
2. 所有同学都非常兴奋，准备好去做一些有趣的事情。  
All the classmates were excited and ready to do \_\_\_\_\_.
3. 我们组迅速聚在一起，决定去散步。  
Our group quickly \_\_\_\_\_ and decided to take a walk.
4. 穿过公园时，除了树木和花朵我们什么也没看到。  
As we walked through the park, we saw \_\_\_\_\_ trees and flowers.
5. 当我们坐在阳光下休息时，老师让我们分享自己的感受。  
When we sat down to rest \_\_\_\_\_, our teacher asked us to share our feelings.

## 能·力·提·升

## 五、补全短文（有两项为多余选项）。

Going on vacation is fun. But it is not easy to have a great vacation. Here are some ways to help you enjoy your vacation.

1

A few days before the vacation, think of the places you want to visit. Spend time talking about each place with your friends or parents. Then find out your favourite one.

### Think about how to go

It depends on (取决于) how far away your place is and how much money you want to spend. 2. If not, you may get into problems.

### Find a good hotel

3. The key is to find a good place to sleep. You can go online and find a good hotel after reading other visitors' reviews (评论).

### Plan your activities

Think about everyone on the trip. 4. Your activities also depend on how long you want to stay there.

### Write down the things you need to take

5. Think about the things you need, such as umbrellas, phones and clothes.

A. It's easy to get tired on vacation

B. Decide where you'd like to go

C. Have a trip with your friends or parents

D. Ask them to tell you their worries and problems

E. And plan activities for all of you

F. And you must get enough money for your vacation

G. Remember to take everything important for your trip

1.

2.

3.

4.

5.

### 六、短文填空(每词限用一次, 每空限填一词)。

worry ready comfortable be forget  
I probable sick strange surprise

Last summer, I went on a vacation to a small and peaceful village in the mountains. It was 1 first time to travel alone (独自), so I was both excited and a little worried.

When I arrived, I was 2 to see how beautiful the village was. There were thousands of green trees and colourful flowers, and the air was fresh to breathe. Also, the villagers were 3 to help others. At first, I felt like a(n) 4, but they went out of their way to make me feel at home. I stayed in a small cabin (小木屋). I could sleep 5 at night and wake up (醒来) to the sound of birds singing in the morning.

One day, I went hiking in the mountains. I rested against a big tree for hours. It was a perfect getaway from the busy and boring life in the city and made me easily forget about all my 6.

However, there 7 a small problem during the trip. The weather changed suddenly. I was so 8 that I didn't bring my warm coat. As a result, I caught a cold. The villagers gave me some hot tea, and I got better from the 9 quickly.

By the end of the trip, I didn't want to leave. I will never forget the experience, and I will 10 come back again.

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_ 6. \_\_\_\_\_

7. \_\_\_\_\_ 8. \_\_\_\_\_

9. \_\_\_\_\_ 10. \_\_\_\_\_

## \* Reading Plus

## Word Bank

cycling /'saɪklɪŋ/ *n.* 骑自行车  
 college /'kɒlɪdʒ/ *n.* 学院; 大学  
 support /sə'pɔ:t/ *n.* 支持  
 plan /plæn/ *n.* 计划; 方案  
 pack /pæk/ *v.* 打包; 收拾  
 complete /kəm'pli:t/ *v.* 完成  
 worthwhile /,wɜ:θ'waɪl/ *adj.* 值得的  
 give up 放弃  
 proud /praʊd/ *adj.* 自豪的; 骄傲的

be proud of 为……骄傲; 感到自豪  
 scuba dive 水肺潜水  
 ocean /'əʊʃn/ *n.* 大海; 海洋  
 pool /pu:l/ *n.* 水池; 游泳池  
 in order to 为了; 以便  
 coral /'kɒrəl/ *n.* 珊瑚  
 point /pɔɪnt/ *v.* 指着; 指向  
 stunning /'stʌnɪŋ/ *adj.* 令人惊叹的



扫一扫, 听录音

## 一、阅读课文, 完成图表中所缺信息。

| Holiday Experiences |                                                                                                                                                                       |                                                                                                                                                               |
|---------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| People              | Lin Tao                                                                                                                                                               | Amanda                                                                                                                                                        |
| Activity            | cycling from Wuhan to Beijing                                                                                                                                         | learning to scuba dive                                                                                                                                        |
| (1) _____           | <ul style="list-style-type: none"> <li>• made a cycling plan</li> <li>• learnt from other people's cycling experiences</li> <li>• packed everything needed</li> </ul> | <ul style="list-style-type: none"> <li>• took scuba diving classes</li> <li>• (4) _____ in a swimming pool</li> </ul>                                         |
| Experiences         | <ul style="list-style-type: none"> <li>• saw beautiful landscapes</li> <li>• met some nice people</li> <li>• the moments of wanting to (2) _____</li> </ul>           | <ul style="list-style-type: none"> <li>• went scuba diving with the guide</li> <li>• saw many fish, sea animals and coral</li> <li>• saw (5) _____</li> </ul> |
| Feelings            | He felt (3) _____ to finish the trip.                                                                                                                                 | It was a stunning and unforgettable experience.                                                                                                               |

## 二、阅读课文, 根据课文内容选择最佳选项。

- ( ) 1. What did Lin Tao do before the cycling trip?  
 A. He packed lightly for the trip. B. He made a plan all by himself.  
 C. He learnt from others' experiences. D. He bought a new bicycle for the trip.
- ( ) 2. What do we know about Lin Tao's trip?  
 A. He found it was hard sometimes. B. He once got lost in the mountains.  
 C. He was too tired to enjoy the scenery. D. He made some friends along the way.
- ( ) 3. Where did Amanda take scuba diving classes?  
 A. In the ocean. B. In a swimming pool.  
 C. On a boat. D. At a local diving school.
- ( ) 4. What special experience did Amanda have while diving?  
 A. She took photos of coral. B. She caught many fish.  
 C. She met another diver. D. She saw a little shark.
- ( ) 5. What do Lin Tao and Amanda have in common?  
 A. They had a relaxing holiday. B. They had a holiday outside.  
 C. They went on holiday with their parents. D. They went on holiday during the summer.

## 听力专练

## I. 听选答案。

第一节：听下面 10 段对话，每段对话后有一个问题，读两遍。请根据每段对话的内容和后面的问题，从所给的三个选项中选出问题的正确答案。

- ( ) 1. A.  B.   
C. 
- ( ) 2. A.  B.   
C. 
- ( ) 3. A. He studied at school.  
B. He stayed at home.  
C. He went to the countryside.
- ( ) 4. A. Ben. B. Mike. C. Mary.
- ( ) 5. A. No fishing. B. No boating.  
C. No swimming.
- ( ) 6. A. The museum.  
B. Chinese history.  
C. The school trip.
- ( ) 7. A. Last Thursday. B. Last Saturday.  
C. This Monday.
- ( ) 8. A. Her grandparents. B. Her father.  
C. Her uncle.
- ( ) 9. A. For three days. B. For four days.  
C. For five days.
- ( ) 10. A. To the park. B. To the cinema.  
C. To the hospital.

第二节：听下面两段材料，每段材料后有几道小题。请根据材料的内容，从题目所给的三个选项中选出问题的正确答案。每段材料读两遍。

听第 1 段材料，回答第 11、12 小题。

- ( ) 11. When did Jim visit the towers?

- A. On the first day.  
B. On the second day.  
C. On the third day.



扫一扫，听听力

- ( ) 12. What was Jim interested in at the museum?  
A. A tent. B. The food.  
C. An accordion.

听第 2 段材料，回答第 13 至 15 小题。

- ( ) 13. Who did the speaker travel to Florida with?  
A. His classmates.  
B. His friends.  
C. His family.
- ( ) 14. How long did the speaker wait to catch a fish?  
A. For about 15 minutes.  
B. For more than 30 minutes.  
C. For about an hour.
- ( ) 15. What did they think of the trip?  
A. Boring. B. Interesting.  
C. Surprising.

## II. 听填信息。

本题你将听到一段独白，读两遍。请根据独白内容，用所听到的信息完成下列各题。(每空不超过三个单词。)

16. Robert took a two-day trip to a(n) \_\_\_\_\_.
17. Robert took the \_\_\_\_\_ and the bus to go there.
18. Robert learned to \_\_\_\_\_ from Eva.
19. Robert did \_\_\_\_\_ with the family on the second day.
20. The trip was very \_\_\_\_\_ for Robert.